

Patient Assessment Panels

Available in British Columbia

Healthy Living Assessment

HEMATOLOGY:	CBC & Differential Iron/TIBC	Ferritin
METABOLIC:	Calcium Glucose	Phosphorus (PO4) Hemoglobin A1c (HbA1c)
THYROID:	TSH	
INFLAMMATORY/CARDIAC:	Fibrinogen	hs-CRP
ELECTROLYTES:	Potassium Chloride	Sodium Bicarbonate (CO2)
LIVER:	Albumin Bilirubin (Total & Direct) Alkaline Phosphatase (ALP) Gamma Glutamyl Transpeptidase (GGT)	Alanine Aminotransferase (ALT) Lactate Dehydrogenase (LDH) Aspartate Amino Transferase (AST) Protein (Total)
RENAL:	Creatinine Uric Acid	Blood Urea Nitrogen (BUN)
LIPIDS:	Cholesterol HDL	LDL Triglycerides

Enhanced Healthy Living Assessment (Fasting)

Includes all tests in the Healthy Living Assessment, plus those listed below.

HEMATOLOGY:	Vitamin B12	
METABOLIC:	Fasting Insulin	Vitamin D 25
INFLAMMATORY/CARDIAC:	Erythrocyte Sedimentation Rate (ESR)	

Basic Thyroid Assessment

Free Triiodothyronine (FT3)

Free Thyroxine (FT4)

TSH

Thyroperoxidase Antibody (TPO)

Enhanced Thyroid Assessment

Free Triiodothyronine (FT3)

Free Thyroxine (FT4)

TSH

Thyroperoxidase Antibody (TPO)

Reverse T3

Anti-Thyroglobulin

Lipids Assessment (Fasting preferred)

Cholesterol

HDL

LDL

Triglycerides

Hematology Assessment

CBC & Differential

Iron/TIBC

Ferritin

Vitamin B12

Fatigue Assessment

CBC & Differential

Iron/TIBC

Ferritin

Vitamin B12

TSH

Mono Spot

Female Hormone Assessment

*Collect as close to 8:00 am as possible for the Cortisol AM

Cortisol AM	Follicular Stimulating Hormone (FSH)	Progesterone
Dehydroepiandrosterone Sulphate (DHEAS)	Luteinizing Hormone (LH)	Testosterone
Estradiol		

Female Fertility Assessment

Anti-Müllerian Hormone (AMH)	Luteinizing Hormone (LH)	Progesterone
Free Thyroxine (FT4)	Testosterone, Total	TSH
Prolactin (PRL)	Follicular Stimulating Hormone (FSH)	Free Testosterone
Estradiol (E2)		

Metabolic Assessment (Fasting)

Gamma Glutamyl Transpeptidase (GGT)	Glucose (Fasting)	Sex Hormone Binding Globulin (SHBG)
hs-CRP	Fasting Insulin	Hemoglobin A1c (HbA1c)
Triglycerides		

Autoimmune Assessment

Antinuclear Antibody (ANA) *Reflex testing of ENA and or DNA may occur if ANA results abnormal	Rheumatoid Factor (RA)	Transglutaminase
Thyropoxidase Antibody (TPO)	Anti-Thyroglobulin	

Mineral Assessment

Calcium, Ionized	Zinc	Copper
Magnesium (serum)		